

Team \_\_\_\_\_ Paid \_\_\_\_\_ U.S. Lax # \_\_\_\_\_

**Mount Anthony Lacrosse Association  
Registration for 2012**

**Player:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone #: \_\_\_\_\_

Email address: \_\_\_\_\_

Grade: \_\_\_\_\_ School attending \_\_\_\_\_

Date of birth: \_\_\_\_\_

**Contacts:**

Name: \_\_\_\_\_ phone # \_\_\_\_\_

Relationship to player \_\_\_\_\_

Email address \_\_\_\_\_

Name: \_\_\_\_\_ phone # \_\_\_\_\_

Relationship to player \_\_\_\_\_

Email address \_\_\_\_\_

**Parent volunteers:** MALA is looking for parent volunteers to help during the season, let us know if you would like to help with any of the following:

- \_\_\_\_\_ assistant coach
- \_\_\_\_\_ time keeping/score keeping/statistician
- \_\_\_\_\_ team manager (helping coaches)
- \_\_\_\_\_ fundraising

**Medical Release and Consent to Treat:**

I, the undersigned parent or guardian understand that while participating in the game of lacrosse, my son or daughter will be engaging in physical activity which contains an inherent risk of physical injury. I hereby waive and release MALA from any and all liability for any physical injuries or illness in a lacrosse event. I have no knowledge of a physical or psychological impairment that would affect my child's ability to participate. Player is covered by a personal medical insurance policy. I understand that I am responsible for all hospital, prescription, laboratory and doctor's fees. I give MALA authority to act for me according to their judgment in any emergency requiring medical attention for this player during a lacrosse event.

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

# **MALA Code of Conduct**

The Mount Anthony Lacrosse Association has adopted a Code of Conduct governing all coaches, players, officials and parents. The purpose of the Code is to ensure that all of those associated with MALA treat each other with dignity and respect. The Code of Conduct is a condition of membership for all players, parents, coaches and officials. MALA expects the Code of Conduct to be observed by all parents, players and coaches associated with MALA, and reserve the right to separate from MALA any participants whose behavior is contrary to the Code.

## **Parents:**

1. Teach and practice good sportsmanship at all games and practices. You are role models!
2. Know the rules of the game of lacrosse. (Go to malavt.com and Rules to learn more about Lacrosse)
3. Respect the game of lacrosse. Respect the officials. Respect the coaches, who are volunteers.
4. Do not coach your child as a spectator from the sideline. Let players play and coaches coach, and support both positively.
5. Do not EVER criticize other players regardless of the circumstance.
6. Follow the "24 Hour Rule"; if you have a complaint resulting from a game (or practice), speak with the coach on the following day after practice.
7. Never discuss playing time and positions with coaches. Ask what you can do to help your child do better.
8. If there is a serious problem, notify either the President or a Vice-President of MALA.
9. Emphasize the FUN in the sport and the importance of a best effort at all times, and good game, not wins and losses.

## **Players:**

1. Respect your teammates, coaches, referees and opponents at all times.
2. Give 100% effort at each practice and game. Learn from your coaches; practice hard; play smart; Have Fun!
3. Know the rules of the game of lacrosse and abide by them.
4. Support and encourage your teammates. Set a positive example. Display good sportsmanship at all times on and off the field.
5. Wear the required equipment at all games and practices, and keep your equipment well maintained.
6. Be dressed and ready for practice 10 minutes before start time. Be dressed and ready for games 30 minutes before start time.
7. Don't be afraid to make a mistake; that is part of learning.
8. Communicate any grievances, misunderstandings or concerns you have with your coaches.
9. Notify coaches as soon as you know you can't make a practice or game.
10. Notify a coach when they have a new or existing injury or illness, when they fell dizzy or cramped or when they can't catch their breath.
11. Be modest in victory and gracious in defeat.

## **Coaches:**

1. A coach is an important role model and must act with the highest moral character possible.
2. Coaches must reinforce the self image of each player. A coach must be positive and constructive.
3. Respect the game of lacrosse. Respect the officials.
4. Teach the rules of lacrosse. Abide by those rules in practices and games.
5. Establish objectives for the team and players and inform them of team and individual goals.
6. Teach and practice good sportsmanship at all games and practices.
7. Will not leave the field until every child has been picked up.
8. Will put safety, self esteem, fair play, fun and learning ahead of winning.
9. Will stay focused on their individual responsibilities and not get caught up in watching the game or following the exploits of any one player or line.
10. Be modest in victory and gracious in defeat.

## **All:**

1. Any conduct, including abusive language and/ or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself or MALA is deemed to be unacceptable and will not be tolerated. This rule applies to everyone including all players, parents, siblings and guests at all times when in or around games or practices.
2. During any tournament or game you represent Bennington County and MALA. Illegal conduct such as shoplifting, destruction of property, consumption of drugs or alcohol, or any other negative or illegal activity will not be tolerated.
3. The Board of Directors of MALA will deal with unacceptable conduct at its sole discretion, imposing warnings, suspension or expulsion, as it deems appropriate.
4. THERE IS NO REFUND FOR SUSPENSION OR EXPULSION BASED ON VIOLATIONS OF THE CODE OF CONDUCT.

I/We have read, understand and hereby agree to abide by this Code of Conduct

Dated: \_\_\_\_\_

Signature(s): Player(s) \_\_\_\_\_ Printed Name(s) \_\_\_\_\_

Signature(s): Parent(s) \_\_\_\_\_ Printed Name(s) \_\_\_\_\_

Signature(s): Coach(s) \_\_\_\_\_ Printed Name(s) \_\_\_\_\_